

# 2016 RurAL CAP Health Programs



The Community Development Division provides training and education services to promote health such as the Youth Development and Culture programs, the Elder Mentor AmeriCorps Program, the Rural Provider's Conference, Growing Up Tobacco Free and the Resource Basket, a program supporting Alaska Native youth success. Elder Mentors help children with school work, model positive social and cultural values and provide emotional support to children. A partnership with Alaska's Division of Juvenile Justice and the First Alaskans Institute supports youth culture grants for Alaska Native culture camps, subsistence activities, and youth leadership training. Alaska's Division of Behavioral Health supports a partnership with Kawerak, Inc. and a community wellness coalition in Nome to address the issues of underage and binge drinking in 21-44 year olds.



A youth in Sleetmute collects greens and picks berries in an activity supported by the Youth Development and Culture Grants Program.  
Photo by Ellen Yako

## 2015 Results

- 199 youth participated in Youth Development and Culture Grant learning experiences
- 135 individuals from 56 communities reported an increase in knowledge or skills as a result of Resource Basket technical training and assistance services
- 59 Elder Mentor volunteers provided 45,156 hours of school readiness and academic engagement and performance support to 504 children in Pre-K, K-12 and correctional settings
- 153 Head Start/Early Head Start children showed improved physical health as demonstrated by receipt of treatment and follow up for identified health concerns
- 450 people engaged in substance abuse prevention, treatment and wellness education through the 2015 Rural Providers' Conference
- 32 Head Start staff received training in tobacco prevention and cessation education resulting in 108 quit attempts with 34 successful quits among Head Start families



**2016 Sites**

- |               |              |                  |                 |                |
|---------------|--------------|------------------|-----------------|----------------|
| Akiak         | Glennallen   | Kluti-Kaah       | Ninilchik       | Sleetmute      |
| Alakanuk      | Goodnews Bay | Kodiak           | Nome            | St. Michael    |
| Anchorage     | Haines       | Kotlik           | Nondalton       | Stebbins       |
| Barrow        | Homer        | Kotzebue         | Nulato          | Sterling       |
| Bethel        | Hoonah       | Kwethluk         | Nunapitchuk     | Stony River    |
| Buckland      | Hooper Bay   | Lower Kalskag    | Old Harbor      | Tetlin         |
| Chevak        | Juneau       | Manokotak        | Pilot Station   | Togiak         |
| Copper Center | Kake         | Marshall         | Russian Mission | Tok            |
| Eagle         | Kasilof      | Mountain Village | Sand Point      | Toksook Bay    |
| Elim          | Kenai        | Napaskiak        | Savoonga        | Tuluksak       |
| Emmonak       | Ketchikan    | Nenana           | Selawik         | Unalaska       |
| Fairbanks     | Kiana        | New Stuyahok     | Shageluk        | White Mountain |