



RurAL CAP
Elder Mentor / Foster Grandparent Program
Volunteer Health Assessment

Volunteer Name: _____ **Date of Birth:** _____
Healthcare Provider Name: _____ **Fax:** _____

I authorize my healthcare provider to release the information requested below to determine my ability to participate in the Foster Grand Parent/Elder Mentor program. This information will be updated annually. I understand that my personal health insurance will be billed for any provider charges incurred for this assessment. RurAL CAP will pay up to \$100.00 towards any provider fees not covered by my personal insurance.

Volunteer Signature **Date**

Foster Grandparents and Elder Mentors work approximately 20 hours per week in the school setting. Their activities may include reading, helping with assignments, storytelling, holding or carrying small children, and accompanying children on outings.

Based on the health assessment conducted, _____:
Volunteer Name

Is able to participate in the activities above with no restrictions.

Is able to participate in the activities above with the following restrictions:

Is not able to participate in the activities above.

Date of last assessment/exam: _____

 Printed name of healthcare provider

 Title

 Signature

 Date

Please fax completed document to:

RurAL CAP Foster Grandparent Program

Confidential Fax: 866-287-7053

Phone: 907-865-7276 or Toll-free: 800-478-7227